

Deep South Network kicks off Walk Campaign

BUTLER – The Deep South Network for Cancer Control kicked off its new Walk Campaign last Thursday evening. Held on the grounds of the former Vanity Fair plant in Butler, the kick-off was the beginning of a campaign to promote healthy lifestyles in local communities as part of a larger effort to combat cancer, especially among minorities. The campaign is part of a long-term study by the organization to discover the effectiveness of such efforts on the fight against cancer. Pictured is Claudia Hardy of UAB getting the walkers ready for begin the program.

Caring Angels Hospice gains new Medical Director



Dr. Sidney Crosby
GILBERTOWN -- Caring Angels Hospice,

Inc. is pleased to announce a new Medical Director for the Clarke, Washington and parts of Choctaw County Area, Dr. Sidney Crosby of Jackson, AL. Dr. Crosby graduated in 1981 from the University of Mississippi for Medicine and the University of Alabama in Huntsville – Family Practice. Dr. Crosby resides just north of Jackson with his wife Kay and daughters, Abby 10 and Kelli 8. They also have four other children – Caleb 27, Rainy 25, Mindy 23, and Seth 20. Dr. Crosby is very active in his local church, First Baptist Church of Jackson and enjoys family activities and takes in some fishing and hunting when he gets the chance. Dr. Crosby moved to

Jackson in 1984 and together with Dr. Furr began the Jackson Family Medical Center where he now continues his work. "Hospice in general is a service that is very beneficial to patients in latter days of life. Hospice provides wonderful benefits in terms of support, comfort, medical and pain issues. Caring Angels Hospice is new to this and comes with a good reputation from the Demopolis area and will be an asset to the Jackson Community," Says Crosby. Caring Angels Hospice is located in Gilbertown and Demopolis and covers Choctaw, Washington, Marengo, Clarke, Sumter, Perry, Hale, and Greene Counties. For more information call 1-251-843-5355.

J&K now serves fresh vegetables

J & K Junction Restaurant located in Toxey, Alabama, off Highway 17, is now serving up delicious fresh vegetables.

the restaurant, ordered these freezer vegetables from Pastor Doug Chapman of Gilbertown Assembly of God to benefit the church building fund. Okra, corn on the cob,

peas, butter beans-speckled and green, greens and collards are some of the fresh vegetable choices the restaurant will feature.

Brother Doug claims that these vegetables are so fresh that when you open the bag it smells like you just shelled them. Now that's fresh!

J&K offers delicious catfish, chicken, ribs, steak, hamburger steak, loaded baked potatoes, pulled pork, and daily plate lunch specials. For those "on the go" with no time to cook, call in and ask about the Box Car Specials. These family-sized meals are a great option if you don't have time to cook.

If you would like to order your fresh vegetables come by J&K Junction and pick up an order form. The cost of the vegetables is between \$15 and \$18 dollars. Stop by J&K today or give them a call at 251-843-3199 and tell Ms.Kathy "hello".



Choctaw Sun photo by Tommy Campbell

Kids and Kin graduates fourteen

LISMAN -- Fourteen residents from Choctaw and Sumter counties received certification on Saturday for completion of the Kids and Kin Program. The program, which is offered by the Family Guidance Centers of Alabama and funded through the Alabama Department of Human Resources, offers certification for relatives who want to provide childcare in their homes. Saturday's graduation ceremony was held at the Lisman Nutrition Center. Choctaw Co. graduates include Willie McGrew, Lucille Walton, Susie Roberts, Anna Roberts, Golden Spears, Marie Ward, Emma Jackson, Minnie Roberts, Stephanie Hodge, Lillian Hodge, and Lisa Etheridge.

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